



Bachelor of Science (Honours) in
**Sports Science
and Coaching**
AND
Bachelor of Education (Honours)
Physical Education

Programme Aims

The programme aims to develop globally-minded educators who can effectively integrate theoretical knowledge with practical application, ensuring a deep understanding of the interrelationship between theory and practice in physical education and sports science. Upon interdisciplinary collaboration with other fields and community engagement, graduates will be equipped to meet the diverse educational needs of learners, fostering an environment that promotes physical health, sportsmanship, and physical activity.

Programme Features

- Specifically designed to prepare qualified and professional primary/secondary school teachers with specialised competence and passion in physical education and sports science.
- Graduates will attain academic excellence and professional ethics, possessing a comprehensive command of subject knowledge and practical skills across the spectrum of physical education and sports science.
- Programme emphasises the importance of a life-long dedication to learning and teaching, instilling in graduates a profound respect for young learners and commitment to their holistic development.



Programme Structure

Domain		Credit Points
Major	Discipline Major	35
	Education Major	33
	Cross-Faculty Core Course	3
Education Studies	Education Studies Core	24
	Pedagogy for Major	6
Field Experience		22
General Education		18
Language Enhancement		9
Final Year Project (Honours Project / Capstone Project)		6
Total		156

Experience Sharing

LEUNG Chi Ho Year 4 Student

Bachelor of Education (Honours) (Physical Education)

“Becoming a Physical Education teacher has always been my aspiration, and I am grateful to The Education University of Hong Kong for providing me with the opportunity to achieve this goal.

This programme has equipped me with the necessary skills to teach various sports and has also significantly enhanced my communication, leadership, and organisational abilities. The Subject Coordinator has been consistently supportive, offering valuable assistance and guidance. Through this programme, I have not only strengthened my professional expertise but also solidified my commitment to becoming an exceptional physical education teacher.”



Entrance Requirements

HKDSE students must have:

- Level 3 or above in English Language and Chinese Language; and
- Level 2 or above in Mathematics (Compulsory Part); and
- “Attained” in Citizenship and Social Development; and
- Level 2 or above in two elective subjects.

All applicants are required to meet programme-specific requirements:

- Interview; and
- Written examination, physical fitness test and aquatic test.

Career Prospects

The double degree programme prepares graduates for a wide range of careers in the sports and education industries. As stipulated by the government, Physical Education can only be taught by fully qualified professionals, creating a high demand for professionally trained Physical Education teachers in Hong Kong.

Graduates of the programme will become competent teachers of Physical Education with the following skills and qualifications:

- Teacher qualification with subject-training in PE;
- Good foundation in sports, humanities, science, pedagogy and curriculum disciplines for further studies; and
- Degree-level professional qualifications that are in great demand in the Physical Education related professions.

Apart from the Physical Education teachers, graduates can be professional sports coaches across various disciplines. They can also pursue sports management roles such as sports and recreation officers, sports event managers, and sports marketing consultants, as well as sports science roles like strength and conditioning coaches. This comprehensive programme provides a solid foundation for rewarding careers in these dynamic and in-demand fields.



Admission Enquiries



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Programme Enquiries



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As the 2025/26 academic year is the beginning of the 2025/26 - 2027/28 triennium, the programmes to be offered in the 2025-28 triennium with allocation of UGC-funded places are still subject to the Government's approval.

Every effort has been made to ensure the accuracy of the information contained in this leaflet. Changes to any aspects of the programmes may be made from time to time as due to change of circumstances and the University reserves the right to revise any information contained in this leaflet as it deems fit without prior notice. The University accepts no liability for any loss or damage arising from any use or misuse of or reliance on any information contained in this leaflet.

Any aspect of the courses and course offerings (including, without limitation, the contents of the course and the manner in which the course is taught) may be subject to change at any time at the sole discretion of the University if necessary. Without limiting the generality of the University's discretion to revise the courses and course offerings, it is envisaged that changes may be required due to factors including staffing, enrolment levels, logistical arrangements, curriculum changes, and other factors caused by change of circumstances. Tuition fees, once paid, are non-refundable.

Students should possess certain level of skills in different sports, including athletics, ballgames, gymnastics, swimming, racketgames and dance, etc. Students admitted into this programme are required to visit the Greater Bay Area (GBA) and/or other parts of Mainland China. The programme may also require students to participate in other non-local learning experience for completion of the programme. While the visits are subsidised, students are required to contribute part of the estimated cost of the visits ("students' contribution"), whereas any personal entertainment, meals expenses, travel document fee and personal insurance costs shall be at students' own expense. The estimated cost of the visits and students' contribution for students admitted to the coming cohort is yet to be available due to a variety of factors such as inflation of cost of the visits, trip duration, traveling expenses, the exchange rate, etc.

EdUHK is one of the teacher education providers in Hong Kong. Graduates of the University's teacher education programmes are eligible to apply to become fully qualified Registered Teachers. For registration as a teacher, graduates should approach the Teacher Registration Team of the Education Bureau (EDB) to submit applications directly. All applications will be independently assessed by the EDB which will consider, among other things, whether an applicant has been convicted of any criminal offence (including sex-related offences) in Hong Kong or elsewhere, or is involved in any ongoing criminal proceedings or investigations. For details, please browse the EDB's official website.

Students admitted into this programme are normally assigned a focus of study (i.e. primary or secondary level) by the end of their first year of study. The focus of study will be reflected in the arrangements for their Field Experience and adopted for the purpose of application for Registered Teacher in Hong Kong upon graduation. This programme is designed to provide students with the disciplinary and professional competency to teach in both primary and secondary schools. However, recognition of Registered Teacher in primary or secondary schools in Hong Kong is subject to the decision of the Education Bureau (EDB). Graduates of this programme are required to approach the Teacher Registration Team of the EDB to submit applications directly and all applications will be independently assessed by the EDB.