

# Bachelor of Education (Honours) (Physical Education) – BEd(PE)

## Programme Aims:

This programme aims to prepare qualified Physical Education (PE) teachers in primary/secondary schools.

## EdUHK Self-Nomination Admissions Scheme for Sports

Enquiries



Please scan this QR Code to access the details of the scheme.







# EdUHK PE, Pursuing Excellence

<https://www.eduhk.hk/hpe/>

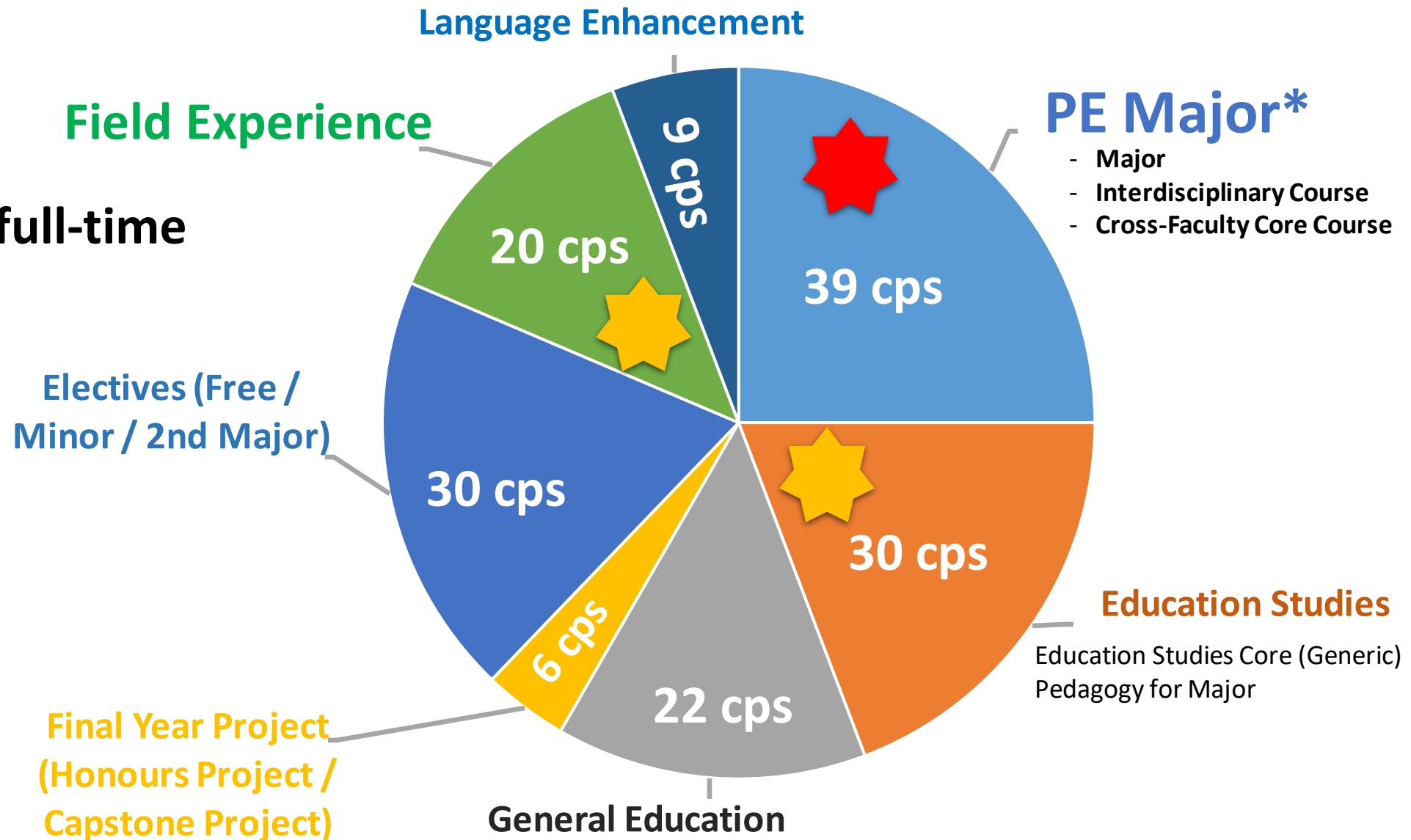


Physical Education?

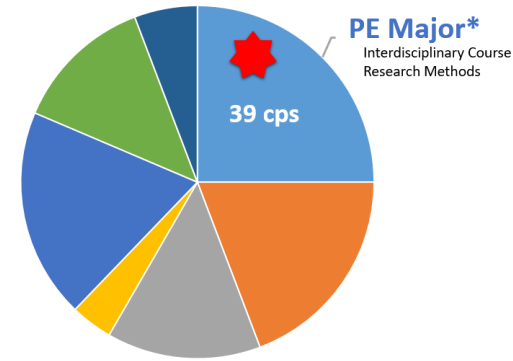
# Programme Structure

Duration: 5-Year full-time

**156 cps**



# PE Major Courses / Pedagogy for Major



## Theory-driven (21 cps)

1. Philosophical and Historical Foundations of PE and Sports
2. Essentials of Human Anatomy & Physiology
3. Principles of Exercise Physiology
4. Health and Fitness in Schools and Community
5. Measurement and Evaluation in Physical Education
6. Physical Education for Children with Special Needs
7. \*Psychology and Sociology of Sport in Hong Kong  
\*Interdisciplinary Course

## Skills-driven (15 cps)

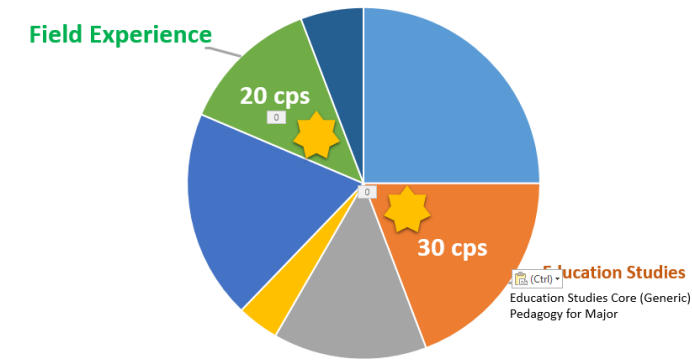
1. Theory and Practice of Individual Physical Activities
2. Theory and Practice of Racquet Games
3. Fundamental Movement for Junior Primary School
4. Foundations of Dance
5. Theory and Practice of Team Ball Games

## Cross-Faculty Core Course (3cps)

Students admitted into this programme starting from the 2023/24 cohort are required to visit the Greater Bay Area (GBA) for a short trip (e.g. 1-day or 2-day 1-night trip) in order to complete the Cross-Faculty Core Course.



# Education Studies - Field Experience



## Pedagogy for Major

- Methods of Teaching in Physical Education
- Curriculum Design in Physical Education

## Field Experience (FE)

- FE Foundation Course
  - Year 2 (Semester 1 & 2)
- FE & Professional Learning Portfolio (I & II)
- 8 weeks Block Practice (I & II; Total 16 weeks) each in
  1. Year 3 (Semester 2) &
  2. Year 5 (Semester 1)

# Wide range of theory and professional activity courses



**PE Subject-  
Knowledge and Skills**



**Extensive Range of  
Enrichment Activities**



**Teaching Professional  
Emphasized**





# Annual Sports Events (EdUHK)



- **Cross Country Race (EdUHK)**
- **Aquatic Meet (EdUHK)**
- **Athletic Meet (EdUHK)**



# Sports Council

- Student representatives of BEd(PE) across different years made good use of the authentic experience of organizing sports events to prepare themselves being a professional PE teacher.





# Physical Education Training Camp (PE Camp)



**BEd(PE) year 5**  
- Residential camp

**BEd(PE) year 3 to 4**  
- Canoeing Camp / Adventure Camp

**BEd(PE)- year 1, PGDE(P) & (S) (full time)**  
- Hiking camp



# Professional Development: Classroom Management and Pedagogy

香港教育大學  
The Education University  
of Hong Kong

日期: 2019年2月28日(星期四)  
時間: 上午11時30分至下午1時30分  
地點: D2-LP-12  
語言: 廣東話

請掃描作登記

## 「行政長官卓越教學獎」 《體育學習領域》得獎者教學分享

體育教學及課堂教學策略導修系列

「行政長官卓越教學獎」旨在表揚教學卓越的教師以及他們對教育及培育下一代所作出之努力及貢獻。殷小廉老師(香港正覺蓮社佛教正覺中學)及湯璋靖老師(浸信會沙田圓明才小學)為2017/18獲得《體育學習領域》卓越教學獎得獎教師。兩位教師致力推動校園體育文化,以多元化的體育活動幫助學生豐富體育知識,養成經常運動的習慣,並以運動培育學生正面的價值觀及態度,建立健康的身心靈生活方式。並透過舉辦各種體育活動,讓學生發揮潛能,營造校園運動氣氛。

殷小廉老師 (香港正覺蓮社佛教正覺中學)  
題目分享:體育課中處理學生差異的策略

湯璋靖老師 (浸信會沙田圓明才小學)  
題目分享:作為體育老師如何從課堂內外推動學生建立健康

香港教育大學  
The Education University  
of Hong Kong

體育教學及課堂教學策略導修系列  
Tutorial on Classroom Management and Pedagogy

主題: 人工智能與STEAM在體育科的應用(初探)  
日期: 2022年9月20日(星期二)  
時間: 下午5時00分-6時30分  
地點: D2-LP-01  
語言: 廣東話  
名額: 40(名額有限,先到先得)

講者: 吳家豪 (大埔舊墟公立學校主任老師)

工作坊學習內容包括:

- 人工智能基礎原理及發展
- 機械人硬件編程教育初探
- STEAM教學理論基礎及教學流程
- STEAM與體育教育的關係
- 人工智能與STEAM的應用教學設計及成果演示校本經驗分享

課堂將會分為三部份,第一部份我們會以科技基礎作為例子讓同學初步了解人工智能及STEAM。第二部份同學會以實作方式體驗人工智能平台的使用方法。而在第三部份,同學可以對人工智能及STEAM在實際體育教學過程中的實踐進行進一步的了解。

如有查詢,請聯絡:黃小姐  
(電郵) yeelina@eduhk.hk / (電話) 2948-7994

\*\*\*歡迎各教職員及學生報名\*\*\*  
子所有即將進行教學實習的 BE(d)PE 三年級、五年級及 PGDE 體育學生)  
I, 請與 Ms. Ally Lo 查詢: (電郵) allylo@eduhk.hk / (電話) 2948-7079



## Career Prospects/Professional Qualifications

1. Qualified Teacher Status (QTS) in Hong Kong;
2. Good foundation in sports, humanities, science, pedagogy and curriculum disciplines for further studies; and
3. Degree-level professional qualifications that are in great demand in the Physical Education related professions.





30 SHARES



NOW READING

Don't have the grades? 'Apply anyway', Hong Kong's Education University tells prospective students

## Don't have the grades? 'Apply anyway', Hong Kong's Education University tells prospective students

- School's vice-president says they are taking a more holistic approach and looking beyond youngsters' grades

PUBLISHED : Thursday, 25 October, 2018, 9:01am

UPDATED : Thursday, 25 October, 2018, 9:02am

COMMENTS: 6



“Grades are not everything, they do not tell the whole story of a person. *We want our students to be fully developed in all aspects and not be measured by numbers,*” vice-president, Professor John Lee Chi-kin, said.

## Early interview *(EdUHK Self-Nomination Admissions Scheme)*

For WHO? **JUPAS applicants with exceptional talent and outstanding achievements in Physical Education.**

<https://www.apply.eduhk.hk/ug/selfnom>





# EdUHK Self-Nomination Admissions Scheme for Physical Education

- Annual \* **scholarship of HK\$10,000 to HK\$42,100** for a maximum tenure of 5 years and @[hostel accommodations](#) fee waiver in year 1.
- The renewal of scholarships and/or hostel accommodations fee waiver are subject to: *(a) a good GPA; (b) good progress in sport training/performance; and (c) contributions to sports development on campus and beyond as an ambassador*

\*upon recommendation by the interview panel

@Subject to availability of hostel place and recommendation by the interview panel

## • Eligibility

- **JUPAS applicants;**
- Put Bachelor of Education (Honours) (Physical Education) (JS8325) as **Band A choice in JUPAS;**
- Demonstrate high performance standard in sports; and
- Recommended by sports clubs/associations/schools

- **Current/former Hong Kong National Squad member;**
- **Current Hong Kong Junior Squad member;**
- **Elite athletes in Hong Kong Schools Sports Federation;**
- **Elite athletes in University Sports Federation of Hong Kong;**

# Support for Elite Athletes



ELITE ATHLETE DEVELOPMENT  
OFFICER



SUPPORT THE ADMISSION OF  
ELITE ATHLETES TO THE  
PROGRAMME



PROVIDE GUIDANCE AND ADVICE  
ON CAREER PLANNING AND  
ACADEMIC NEEDS



HANDLE ELITE ATHLETES  
STUDENTS' ENQUIRY AND  
AFFAIRS



PROVIDE ASSISTANCE TO ELITE  
ATHLETES STUDENTS'  
EXPERIENTIAL LEARNING  
ACTIVITIES







# Scholarships for Elite Athletes



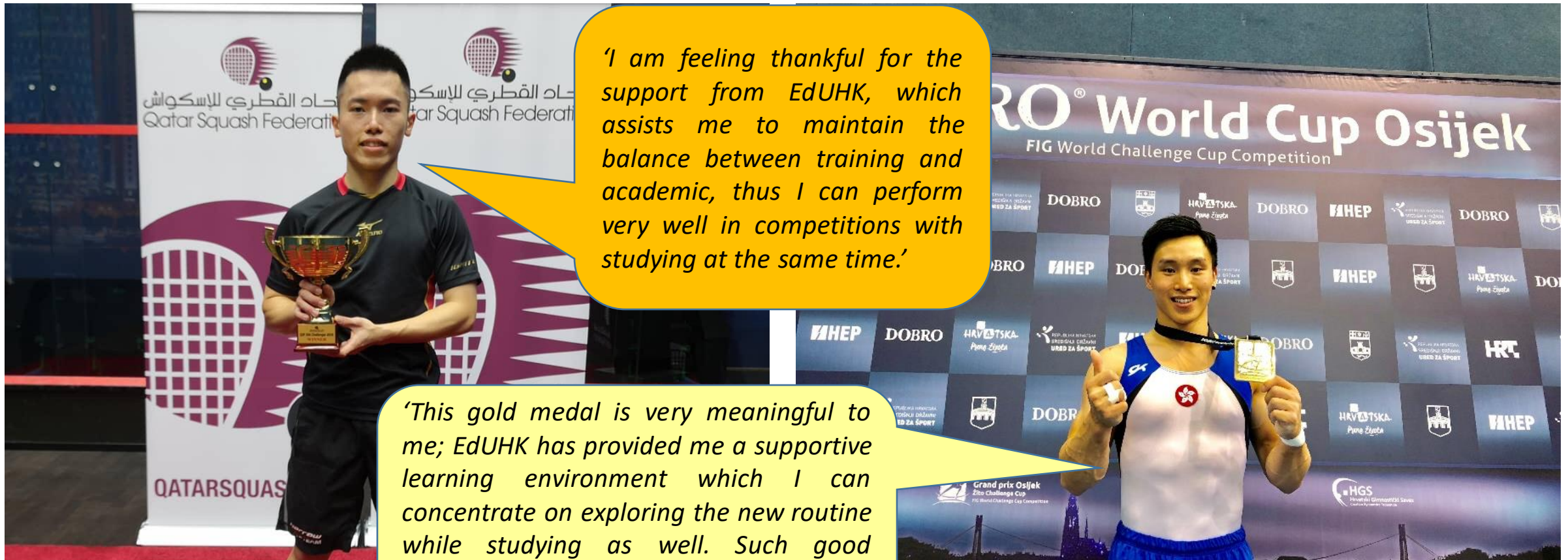
## Academic

- EdUHK Student Award Scheme

## Sports

- Talent Development Scholarship
- The Hong Kong Rugby Outstanding Athlete Awards
- Wilfred Ng Entrance Scholarship
- Cheung's Family Charity Fund Scholarship

# Voice from Elite Athletes



*'I am feeling thankful for the support from EdUHK, which assists me to maintain the balance between training and academic, thus I can perform very well in competitions with studying at the same time.'*

*'This gold medal is very meaningful to me; EdUHK has provided me a supportive learning environment which I can concentrate on exploring the new routine while studying as well. Such good practice makes a sportsman with successful dual pathway possible'*

**Leo Au 歐鎮銘**

**Stone 石偉雄**





**Amenities & Sports  
Complex and Sports  
Centre**



# The Human Performance Laboratory of the Department of Health and Physical Education is located in the Block E of Tai Po Main Campus.

It consists of two laboratories. The total gross area is about 3,000 sq. feet. In order to support teaching and research in physical education and sports science, the laboratory is equipped with the most updated and sophisticated equipment in the area of exercise physiology, sports biomechanics and sports psychology.

Human Performance Lab - 1



Human Performance Lab - 2





# Human Performance Laboratory Equipment

Accu-CHEK Performa Nano



ActiGraph Triaxial Activity Monitor



BTS FreeEMG



Bassin Anticipation Timer



Brover Timing System



Human Cybex Norm 770



Lode 925909, Excalibur Sport with Pedal Force Measurement



Micoach Speed Cell (Adidas)



MyoMotion Noraxon



NeuroCom Equitest System



Push-Pull Dynamometer



Tanita MC 780MA (Body Composition Analyzer)



YSI 1500L Lactate Analyzer

