



香港教育大學

The Education University
of Hong Kong

Faster. Higher. Stronger.

JS8726 (JUPAS) | NJ8726S (Non-JUPAS)

Bachelor of Science (Honours) in Sports Science and Coaching

(Four-year Full-time)



FACULTY OF LIBERAL ARTS AND SOCIAL SCIENCES

博文及社會科學學院

Bachelor of Science (Honours) in Sports Science and Coaching

(Four-year Full-time)

Programme Aims

The programme aims to prepare competent sports science and coaching professionals. It equips students with essential knowledge and technology in sports science, coaching and performance with practical experience. The programme will also address the urgent community and market needs of improving personal performance and health by providing professional guidance and advice through active participation in physical activity, exercise, or sports.



Programme Features

This programme transforms students into professional coaches through the following iconic features:

- The internship training opportunities in overseas, renowned Greater Bay Area and Hong Kong sports organisations will provide a great chance for students to have a dialogue with sports leaders, build connections, enrich knowledge and skills, and lay a foundation for the future careers;
- Innovative integration of the subject knowledge of sports science, coaching, technology, and life education provides comprehensive training leading to a wide range of career paths; and
- Teaching cutting-edge knowledge by a professional team with leading roles in the sports and life education fields allows students to keep ahead of peers and seize opportunities, striving for success and excellence in the academic field(s) and workplace.

Programme Structure

| Domain | | For Year-1 Entrants | For Senior Year Entrants |
|---------------------------------------------------------|----------------------------------|---------------------|--------------------------|
| | | Credit Points | |
| Major | • Major Core | 54 | 27 |
| | • Major Interdisciplinary Course | 3 | 3 |
| | • Internship | 3 | 3 |
| Final Year Project (Honours Project / Capstone Project) | | 6 | 6 |
| Electives / Minor | | 24 | 15 |
| General Education | | 22 | 6 |
| Language Enhancement | | 9 | / |
| Total | | 121 | 60 |



Entrance Requirements

Year-1 Entry

For students with HKDSE qualifications:

Four core subjects and one elective subject with

- Level 3 or above in English Language and Chinese Language; and
- Level 2 or above in Mathematics (Compulsory Part), Liberal Studies, and one elective subject, preferably in Biology or Physical Education.

Priority consideration will be given to applicants who have taken Biology or Physical Education in HKDSE. Eligible applicants will be invited for the interview.

Senior Year Entry

Applicants should normally hold

- an Associate Degree in related disciplines from any recognised institutions; or
- a Higher Diploma in related disciplines from any recognised institutions.

Applicants who possess equivalent qualifications will be considered on a case-by-case basis. Eligible applicants will be invited for the interview.

We are Elite Athlete Friendly University. Elite Athletes are welcome to apply for the programme.

Career Prospects

Students are prepared for a wide range of careers in the sports industries, including the commercial sector (e.g. cardiac rehabilitation advisor, exercise rehabilitation advisor, injury prevention consultant, occupational health & safety consultant, personal trainer, sports coach, sports event planner, sports marketing consultant, sports media specialist, business coach, etc.) and public sector (e.g. exercise physiologist, outdoor campsite development officer, physical and exercise activity programmer, life coach, etc.). Graduates may choose to pursue a teaching career by completing an additional year of professional teacher training or undertake further studies locally (e.g. Master of Social Sciences in Sports Coaching and Management offered by the EdUHK) or overseas.

Admission Enquiries



(852) 2948 6886



admission@eduhk.hk



www.apply.eduhk.hk/ug

Programme Enquiries



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Every effort has been made to ensure that information contained in this leaflet is correct. Changes to any aspects of the programmes may be made from time to time due to unforeseeable circumstances beyond our control and the University reserves the right to make amendments to any information contained in this leaflet without prior notice. The University accepts no liability for any loss or damage arising from any use or misuse of or reliance on any information contained in this leaflet.

Any aspect of the course and course offerings (including, without limitation, the content of the Course and the manner in which the Course is taught) may be subject to change at any time at the sole discretion of the University. Without limiting the right of the University to amend the course and its course offerings, it is envisaged that changes may be required due to factors such as staffing, enrolment levels, logistical arrangements and curriculum changes.

As the 2022/23 academic year is the beginning of the 2022/23 - 2024/25 triennium for which the allocation of UGC-funded places is still subject to the Government's approval, the number of intake places is indicative only and subject to changes or confirmation.