

**Undergraduate Programme Course List (2025/26)**

<b>Programme Title:</b>	Bachelor of Science (Honours) in Sports Science and Coaching and Bachelor of Education (Honours) (Physical Education)
<b>Programme Short Name:</b>	BSc(SPSC)&BEd(PE)
<b>Programme Code:</b>	A5B114
<b>Year of Entry:</b>	2025/26

**Major Course List**

<b>Course Code</b>	<b>Course Title</b>
<b>Discipline Major</b>	
PES1xxx*	Introduction to Practical and Theoretical Considerations in Sports Coaching
PES1273	Physical Activity and Health Promotion
PES1274	Sports Management and Development
PES2276	Human Anatomy
PES3283	Motor Skill Acquisition, Control and Development
PES3284	Introduction of Sports Injury and Prevention
PES3285	Sports Nutrition for High Performance
PES3297	Sports Performance and Movement Analysis
PES4289	Strength and Conditioning
PES4290	Psychology for Sports and Exercise
PES4xxx*	Sports Development: Elite Sports, Sports Marketing and Sports Event
PES4292	Internship
<b>Education Major</b>	
PES2163	Foundations of Dance
PES2164	Theory and Practice of Individual Physical Activities
PES2174	Theory and Practice of Team Ball Games
PES2177	Theory and Practice of Racquet Games

Course Code	Course Title
PES3160	Philosophical and Historical Foundations of PE and Sports
PES3165	Principles of Exercise Physiology
PES3166	Health and Fitness in Schools and Community
PES3167	Physical Education for Children with Special Needs
PES3172	Fundamental Movement for Junior Primary School
PES4xxx*	STEAM-infused Physical Activities
PES4247	Measurement and Evaluation in Physical Education
<b>Cross-Faculty Core Course</b>	
CFA1001	Cross-Faculty Core Course (Component I: Basic Law and National Security Education)
CFB3005	Cross-Faculty Core Course: Component II – Visits in Greater Bay Area
CFC1031	CFCC-Component III: Exploration of STEAM Education in School Settings
CFC3006	CFCC-Component III: Practice of Tai Chi and Healthy Lifestyle Culture in GBA

*\*new courses*

### **Education Studies Course List – for teacher education programme**

Course Code	Course Title
<b>Education Studies – Pedagogy for Major</b>	
PES3180	Methods of Teaching in Physical Education
PES4248	Curriculum Design in Physical Education
<b>Education Studies Core</b>	
PSY2050	Basic Psychology for Educators: Useful Concepts from Educational and Positive Psychology
PFS2013	Philosophical and Socio-cultural Issues in Education
TLS3092	Effective Teaching & Positive Classroom Learning Environment
TLS3003	Curriculum and Assessment
SED4116	School Guidance and Managing Diversity
EDA4101	Teachers and Teaching in Context

Course Code	Course Title
<b>Education Studies – Restricted Electives</b>	
TLS3005	Assessment for Productive Learning
TLS3007	School-based Curriculum Development
TLS3008	Teaching Innovations
TLS3056	Enquiring Into School-Based Assessment: Issues and Strategies
EDA3035	Promoting Social Justice in Schools
EDA3097	Practical Legal Knowledge for Teachers
EDA4099	Hong Kong Education Stories: History, Policy and Advocacy
EDA4100	Rethinking and Reimagining Education
PFS2043	International Schools in Global Context
PFS3032	Learning and Teaching in International Schools
PFS3046	International Perspectives on Education in Hong Kong
PFS3048	Globalization and Education
PFS4044	Life and Values Education
PFS4047	Education for a Meaningful Life: Great Thinkers
PSY2020	Human Development across the Lifespan
PSY3018	Child and Adolescent Psychopathology
PSY3019	Stress and Coping
PSY3021	Learning Theories and Processes
COU3009	Counselling Theories, Process and Practice
COU4030	Comprehensive School Guidance
SED3002	A Whole School Approach to Inclusive Practices
SED4074	Developing an Inclusive Classroom for Diverse Learning